



CARBOHYDRATES



CARBOHYDRATES
+ PROTEINS



MINERAL
SALTS



PROTEINS AND
AMINO ACIDS



SUPPLEMENTS



CHILDREN AND
YOUNG ATHLETES

infisport
SCIENCE NUTRITION



Orange

EXPLIVAR[®]

Food supplement in powder with sweetener based on Polypodium leucotomos (EXPLY 37[®])

EXPLIVAR[®] stick is a food supplement to dissolve in water based on Polypodium leucotomos (EXPLY 37[®]) Phlebodium variety.

INGREDIENTS:

Maltodextrin, atomized extract of Polypodium leucotomos (EXPLY 37[®]) aerial part (fronds), natural orange flavouring, anti-caking agent: silicon dioxide, sweetener: sucralose and steviol glycoside, colourant: beta-carotene.

RECOMMENDED DOSE: 1-2 stick per day

INSTRUCTIONS:

1 stick at breakfast and/or dinner, dissolved in 150 ml of water.

In periods of intense training and/or competitions, take 1 sachet before breakfast and dinner for the 4, 6 or 8 weeks that the period lasts.

For 1-day competitions, one or two days before and one or two days after, take 1 sachet at the start of breakfast and 1 at the start of dinner. On the day of the competition, take 1 sachet before breakfast, 1 during the activity or immediately after and 1 before dinner.

Maintenance, take 1 sachet at the start of breakfast or at the start of dinner

Content per daily dose: Biotyped and chemotyped extract of Polypodium leucotomos (EXPLY 37[®]) with a standardized content of 400-800 mg daily.

NET WEIGHT:

97,50 g (15 sticks of 6,5 g)

WARNINGS:

Keep out of reach of young children. Keep in a cool, dry place away from direct light. Food supplements must not be used as substitutes to a balanced, varied and a healthy lifestyle. Do not take more than the recommended dose.

PERIÓDICAL



PRODUCT MANUFACTURED WITH CERTIFIED
SUPPLIER UNDER REGULATIONS:

GMP

ISO 22000

ISO 9001



CARBOHYDRATES



CARBOHYDRATES
+ PROTEINS



MINERAL
SALTS



PROTEINS AND
AMINO ACIDS



SUPPLEMENTS



CHILDREN AND
YOUNG ATHLETES



Orange

EXPLIVAR[®]

NUTRITIONAL INFORMATION:

	Per 100 g	1 Stick	2 Sticks
Energy value	1574 kJ 370 kcal	102 kJ 24 kcal	205 kJ 48 kcal
Fats Of which:	<0,5 g	<0,5 g	<0,5 g
Saturated fatty acids	<0,1 g	<0,1 g	<0,1 g
Carbohydrates Of which:	92 g	6 g	12 g
Sugars	1,7 g	0,11 g	0,22 g
Proteins	0,6 g	0,039 g	0,078 g
Salt	0,07 g	0,005 g	0,009 g

Vegetal extract

<i>Polypodium leucotomos</i> (EXPLY 37 [®])	6154 mg	400 mg	800 mg
--	---------	--------	--------

