



CARBOHYDRATES



CARBOHYDRATES
+ PROTEINS



MINERAL
SALTS



PROTEINS AND
AMINO ACIDS



SUPPLEMENTS



CHILDREN AND
YOUNG ATHLETES

infisport
SCIENCE NUTRITION



Lemon

MG MAGNESIO CITRATO

Highly bio-available magnesium, manganese and vitamin B1

Mg Magnesium Citrate is an ergonomic gel formulated based on highly bioavailable magnesium (magnesium citrate), manganese and vitamin B1, providing 100% NRV. Food supplement with gel sweetener based on magnesium, manganese and vitamin B1.

INGREDIENTS:

Water, magnesium citrate, concentrated (0,5%) lemon juice (Citrus limón (L.) Osbeck), thickener: xanthan gum, conservatives: sodium benzoate, potassium sorbate, lemon aroma, sweetener: sucralose, manganese sulfate, colorant: beta-carotene, thiamine hydrochloride (vitamin B1).

NUTRITIONAL INFORMATION:

	Per 100 g	Per sachet 40 g
Energy value	5,3 kJ / 1,3 kcal	2,1 kJ / 0,5 kcal
Fat	0 g	0 g
Of which:		
Saturated	0 g	0 g
Carbohydrates	0,295 g	0,118 g
Of which::		
Sugars	0,061 g	0,024 g
Proteins	0 g	0 g
Salt	41 mg	16 mg
VITAMINS:		
Thiamine (B1)	2,75 mg (250% NRV*)	1,1 mg (100% NRV*)
MINERALS:		
Magnesium	937,5 mg (250% NRV*)	375 mg (100% NRV*)
Manganese	5 mg (250% NRV*)	2 mg (100% NRV*)

*NRV: Nutrient Reference Values

DIRECTIONS FOR USE:

Take an envelope (before/during/after) sports practice.

RECOMMENDED DOSE:

1 envelope of 40 g/day.

NET WEIGHT:

480 g (12 sachets of 40 g).

Mg Citrato is presented in displays of 12 highly ergonomic recyclable envelopes with delicious lemon flavor and 40 g of content.

WARNING:

Keep out of reach of young children. Keep in a cool, dry place away from direct light. Food supplements must not be used as substitutes to a balanced, varied diet and a healthy life style. Do not take more than the recommended dose.

BEFORE

DURING

AFTER



PRODUCT MANUFACTURED WITH CERTIFIED
SUPPLIER UNDER REGULATIONS:

GMP

ISO 22000

ISO 9001