



CARBOHYDRATES



CARBOHYDRATES
+ PROTEINS



MINERAL
SALTS



PROTEINS AND
AMINO ACIDS



SUPPLEMENTS



CHILDREN AND
YOUNG ATHLETES



Citric

ND3[®] POLVO 2:1 ZERO

Formulated to favor the contribution of energy and compensation of muscle catabolism during long-term efforts.

ND3[®] is a powder presentation to reconstitute in water, which once dissolved, composes a slightly hypotonic solution that combines different types of carbohydrates in a ratio of 2: 1 glucose: fructose, with amino acids BCAA'S (100% Ajinomoto Co.) in 8: 1: 1 ratio. Food supplement powder with sugar and sweetener. Zero additives.

INGREDIENTS:

Maltodextrin, fructose, L-leucine (100% Ajinomoto Co.), natural flavouring, magnesium salt of citric acid, L-isoleucine (100% Ajinomoto Co.), L-valine (100% Ajinomoto Co.), L-ascorbic acid (vitamin C), DL-alpha-tocopheryl acetate (vitamin E), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (thiamine).

RECOMMENDED DOSE: 60-120 g/day

DIRECTIONS FOR USE:

Dissolve 4 scoops (60g) in 500 of water. Shake well before use. Drink in small sips during training sessions and competitions lasting more than 60 minutes. Contains measuring cup.

NET WEIGHT:

800 g powder (13 servings).

WARNING:

Keep out of reach of young children. Keep in a cool, dry place away from direct light. Food supplements must not be used as substitutes to a balanced, varied diet and a healthy life style. Do not take more than the recommended dose.

BEFORE

DURING

AFTER



Ajinomoto Co., s
Pure Amino Acids

zero ADITIVOS

PRODUCT MANUFACTURED WITH CERTIFIED
SUPPLIER UNDER REGULATIONS:





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NUTRITIONAL INFORMATION:

	Per 100 g	Quantity per daily dose	
		60 g	120 g
Energy value	1627 kJ 383 kcal	976 kJ 230 kcal	1953 kJ 460 kcal
Fat	0 g	0 g	0 g
Of which:			
Saturated fatty acids	0 g	0 g	0 g
Carbohydrates	93 g	56 g	112 g
Of which:			
Sugars	36 g	22 g	43 g
Protein	2,5 g	1,5 g	3,0 g
Salt	0,03 g	0,02 g	0,04 g
VITAMINS:			
Vitamin E	9 mg α-TE (75% NRV*)	5,4 mg α-TE (45% NRV*)	11 mg α-TE (92% NRV*)
Vitamin C	60 mg (75% NRV*)	36 mg (45% NRV*)	72 mg (90% NRV*)
Thiamin (B1)	0,35 mg (32% NRV*)	0,21 mg (19% NRV*)	0,42 mg (38% NRV*)
Vitamin B6	0,50 mg (36% NRV*)	0,30 mg (21% NRV*)	0,60 mg (43% NRV*)

*NRV: Nutrient Reference Values.

	Per 100 g	Quantity per daily dose	
		60 g	120 g
MINERALS:			
Magnesium	103 mg (27% NRV*)	61,5 mg (16% NRV*)	123 mg (33% NRV*)
AMINO ACIDS:			
L-Leucine	2000 mg	1200 mg	2400 mg
L-Valina	250 mg	150 mg	300 mg
L-Isoleucine	250 mg	150 mg	300 mg