















## **CARBO DRINK 60 1:0,8**

Formulated to promote hydration, provide energy and compensate catabolism.

ICARBO DRINK 60 1:0,8 Formula without colouring, sweetener or flavouring that combines carbohydrates in a ratio of 1:0.8 maltodextrin vs fructose and sodium. Powdered drink.

#### **IINGREDIENTS:**

Maltodextrin, fructose, sodium citrate.

#### **IINSTRUCTIONS:**

Dissolve 5 good measures (64 g) in 750 ml of water. Shake well before use. Drink in small sips during training sessions and competitions lasting more than 60 minutes. Contains measuring scoop.

#### **INET WEIGHT:**

832 g (13 services).

### **ISTORAGE**:

Once the container is opened, close tightly and store in a cool, dry place.

BEFORE

DURING

**AFTER** 





































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INUTRITIONAL INFORMATION:	100 g	64 g*
Energy value	1596 kJ 376 kcal	1022 kJ 240 kcal
Fat Of which:	0 g	0 g
Saturated fatty acids	0 g	0 g
Carbohydrates Of which:	94 g	60 g
Sugars	47 g	30 g
Protein	0 g	0 g
Salt	2,0 g	1,3 g
MINERALES:		
Sodio	780 mg	500 mg

